

INtegrity Counseling, Inc. provides affordable counseling, education, and outreach services for children, adults, and families. Our services are available to all, focusing on the needs of the at-risk and disadvantaged. We help individuals examine past and present choices and choose healthy alternatives. Integrity Counseling supports and mentors clients as they develop the ability to live more successfully.

INtegrity Counseling serves all members of the community regardless of race, gender, belief, or orientation. Our services are shaped by our belief in and reliance on God's compassion for all of humanity.

Fast Facts:

- **Started in 2014 in response to the need in the at-risk populations**
- **We are a "pay as you can" agency. No one is ever turned away for financial reasons.**
- **We do not take insurance.**
- **We have many under-insured and uninsured clients.**
- **Approximately 1,600 appointments in 2018.**
- **18+ volunteer professional counselors**
- **We have cared for over 500 persons from children as young as 6 to senior citizens.**
- **We work with individuals, couples, families, and groups.**



Striving to make a difference in our client's lives – one person at a time.

**502 S Morris, Ste. B, Bloomington, IL 61701
(309) 827-9100**

Info@integrityhelps.org
www.integrityhelps.org

see us on Facebook & on Twitter @dobeheal

Points to Remember About INtegrity

- The need for mental health services is great. We regularly get referrals that have nowhere else to go. Helping an individual can also make a difference for the people in their lives.
- INtegrity works because of the effort and input of our volunteers. Even a few hours a week can help our effort.
- Current needs include:
 - o Front Desk/Reception
 - o Counselors
 - o Client Mentors
 - o Fundraising (support, organizing, etc.)
- We welcome financial donations. They can be made by mail, our website, or Facebook. Don't forget to consider matching gifts or directed giving from financial institutions.
- Sign up on Amazon Smile to have Amazon donate 0.5% of your purchases to INtegrity!
- Call us at 309-827-9100 or see us at www.integrityhelps.org for current information.



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Founders:

Luella Mahannah, MS, LCPC

Don Mahannah

Information About INtegrItty Counseling and Our Clients...

- Started in 2014
- 501(c)(3) Non-profit
- “Pay as you can” agency
 - No financial barriers to receive help
 - No one is ever turned away for financial reasons
- No employees – all volunteers
- Our providers
 - Experienced counselors with master’s degrees
 - Counseling interns
 - Family Education Specialist
 - Clinical supervision for counselors
 - Evidenced based methods
- Integrity can be an opportunity for internships, professional development, and a path to licensure (LCPC & LCSW)

Ethnicity		Age		
Caucasian	70%	Up to 10	3%	10
African American	15%	10 to 18	9%	18
American Indian or Alaska Native	1%	18 to 20	2%	20
Asian	1%	Twenties	23%	30
Bi-Racial	3%	Thirties	25%	40
Hispanic	2%	Forties	18%	50
Mixed	1%	Fifties	10%	60
Not Specified	8%	Sixties	5%	70
Total Clients	100%	Over 70	1%	100
		Not Specified	4%	100
		Total Clients	100%	
Gender				
Male	35%			
Female	63%			
Not Specified	0%			
Other	2%			

How do I get started as a client with INtegrItty?

We serve children, adults, couples, and families.

We conduct intake appointments for first time and returning clients. In this initial session, will work to understand your counseling needs and your personal situation as well as your availability to schedule appointments.

We will then match your needs with one of our counselors and give you a return phone call to schedule your first appointment. This typically happens within a few weeks depending on the length of our waiting lists for minors and adults.

Call us at 309-827-9100 to start the process.